

Introduction to Inner Healing I

Bev Robinson

I am going to write a series of articles on inner healing, because you can't get it all in one writing at one time. I think it would be too much to read on the internet. This is a subject that has been life changing to me, and I pray it is for you also. I got into the field of Inner Healing about 25 or 30 years ago. Let me share some of my journey.

I had prayed to be filled with the Holy Spirit just a few years earlier and had a hunger for the Lord especially with Bible reading and prayer. I also was reading many books wanting to learn all I could about living the victorious Christian life.

God told me that I needed to stop reading so many books and just concentrate on the Bible. I did that for quite a long time. Then one day He told me a book to read. It was a book by Betty Tapscott on healing of memories. I believe it was her first book, but I don't remember the name of the book. She wrote more than one. It was a very important book in my life and I was healed of many things of my past. I lent the book to someone and don't have it now. Betty died about 10 years ago.

As I read through the book, as I remember now, I went through the topics and brought them to mind and forgave the people involved. I forgave myself also of the dumb things that I had done. While reading the book I called a spiritual friend and asked her to be agreeing with me in prayer to be free of these things as I read. Reading this book and my prayer turned out to be life changing.

Since that time God has taught me much more and I have prayed with hundreds, probably thousands of people and have seen God give people freedom in many different areas of their life.

I want to lead you in a time as I went through and we will do later in the writing, but now I want to lay a track of Scripture, teaching and testimonies.

One of the basic Scriptures is: *Behold, You desire truth in the innermost being, And in the hidden part You will make me know wisdom. Psalms 51:6 (NASB)*

From this Scripture we see that God wants us to walk by truth. His Word is truth, but we don't always walk by His pure truth as we are walking by the truth that we understand at any specific time in our life. But the problem here is that many things have kept us from understanding and walking in His pure truth. When we walk in His pure truth this Scripture says wisdom comes.

Another Scripture that brings more light of walking in truth is: *So Jesus was saying to those Jews who had believed Him, "If you continue in My word, then you are truly disciples of Mine;³² and you will know the truth, and the truth will make you free. John 8:31-32 (NASB)*

If we are not truthful about the things that have happened in our life good and bad we will be hindered in walking the Christian life in God's truth.

Do we become new creations when we come to Christ? Absolutely! But there are still things that hold us down until we recognize them, let them surface, forgive all involved and allow Holy Spirit to heal.

Illustration

One of the first persons I ministered to was a young woman sent to me by Rapha Ministries an Inner Healing ministry which was started in Pasadena TX and had not yet set up an office in the Dallas/Fort Worth area.

The girl came from north of Dallas to my home about 60 miles away. She was real overweight and dressed real masculine. It was evident that some things were affecting her life. She told me both her grandfathers had molested her as a child. Being traveling from so far away she wanted to know the bottom line of what we were going to do. I gave her some teaching and told her my experience and when I got to the part about forgiveness she freaked out. "I will never forgive them. If I forgive them that will excuse what they did to me." I assured her that forgiveness in no way excused what someone did.

She was a very angry person and I knew a lot of the anger resulted from her childhood experiences. But she became incensed at the idea that I would eventually lead and ask her to forgive her grandfathers. I asked, "Where are they now?" "They are both dead," she answered. She was going to let two dead men who indeed were used by the devil to help ruin her life. I tried to get that to her, that unforgiveness had bound her but she in no way was going to entertain the idea of forgiving her grandfathers. I prayed for her and told her to think about it and we would talk more about it next visit. She never came back.

John Sanford, who with his wife Paula wrote some classic books on Inner Healing. Two are Transformation of the Inner Man and Healing The Wounded Spirit. I once taught with him and Paula in a Fullness Conference on this subject. Once I asked him to give further teaching on, how do you forgive? John turned and told me that I was supposed to do that. It isn't what I wanted to hear. But later this is what I heard the Lord tell me to do. So my next topic on inner healing will be forgiveness.

Bev Robinson serves as Vice-President of Fullness in Christ Ministries. [Bev Robinson Bio](#). You can reach her by e-mail at: [Contact Us](#).

When commenting on an article by e-mail, please give the article title.

Copyright 2008. Fullness in Christ Ministries, Inc. Use by written permission only. With written permission, include the following as part of the article: "Used by permission. Further use requires written permission from the Author/Publisher." Use of this article requires listing this entire copyright line and the following signature. SIGNATURE: Bev Robinson, Fullness in Christ Ministries, Inc., P. O. Box 136117 Fort Worth, TX 76136.

Website: www.fullnessonline.org; Email: [Contact Us](#).

For a free subscription to the brief and daily prophetic word from both Ras and Bev Robinson, "What the Lord is Saying Today," send your name and email address to: fullnessonline-subscribe@MyInJesus.com. (SUBJECT: Subscribe).
